

# Teacher Nomination Form

School: \_\_\_\_\_

Teacher: \_\_\_\_\_

Grade(s): \_\_\_\_\_

Type of Class (e.g., regular ed., reading): \_\_\_\_\_

Date: \_\_\_\_\_

The first step is to identify all students in your class or across your day who are of concern to you on two categories of inappropriate behavior: **externalizing and internalizing behaviors**. If you are a middle school, high school, specials, or any other type of teacher who interacts with hundreds of students throughout the day, you will identify the top students across your day rather than by class or period.

**Externalizing** behaviors are those behaviors that are displayed outwardly by the child towards an external social event in the environment. **Externalizing behaviors typically occur too often or too much. Examples include aggression towards people, animals, or things; arguing; defiance; out of seat; calling out; tantrums; non-compliance; hyperactivity; stealing; and not following directions.**

**Internalizing** behaviors are those behaviors that are displayed inwardly towards the self. Internalizing behaviors typically are self-imposed, do not occur frequently enough, and appear to allow the student to avoid social events. **Examples include not interacting with other people, overly shy or timid, withdrawing or avoiding social situations, fearful; and not standing up for one's self.**

## Examples of externalizing behaviors:

- Aggression to others or things
- Hyperactivity
- Non-compliance
- Disruptive
- Arguing
- Defiance
- Stealing
- Not following directions
- Calling out

## Examples of internalizing behaviors:

- Exhibits sadness or depression
- Sleeps a lot
- Is teased or bullied by peers
- Does not participate in games
- Very shy or timid
- Acts fearful
- Does not stand up for self
- Self-injury (cutting self, head banging)
- Withdrawn

(To get started, please turn the page over)

**Step 1)** Using student initials, list at least 5 students and no more than 10 students in your class or throughout your day who exhibit externalizing or internalizing behaviors. You do not have to list them in order.

\*\*\*If you are a middle school, high school, specials, or any other type of teacher who interacts with hundreds of students throughout the day, please think about all of the students that you teach and identify the top 10 students of concern across your day. It is important that you list the grade or period of the student so that it is clear which student you are talking about.

Student Initials	Grade/Period	I or E (Step 2)	Student Initials	Grade/Period	I or E (Step 2)
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____

**Step 2)** Go back to your list generated above and write an “E” next to students who exhibit externalizing behaviors and an “I” next to students who exhibit internalizing behaviors.

**Step 3)** Using your list generated above, rank no more than your top three externalizing students and your top three internalizing students below. Please use student initials.

Check “YES” if you have **personally taught the expectations** to the student. “Personally taught” is defined as: Having discussed each school-wide expectation one-on-one with the student, after which the student demonstrates an understanding of each of the concepts.

Check “YES” if you have **personally given a School-wide PBS reward** to the student.

Externalizing	Academic Concerns	Personally Taught Expectations	Personally Given SW Reward
1. _____	_____ Yes	_____ Yes	_____ Yes
2. _____	_____ Yes	_____ Yes	_____ Yes
3. _____	_____ Yes	_____ Yes	_____ Yes
Internalizing	Academic Concerns	Personally Taught Expectations	Personally Given SW Reward
4. _____	_____ Yes	_____ Yes	_____ Yes
5. _____	_____ Yes	_____ Yes	_____ Yes
6. _____	_____ Yes	_____ Yes	_____ Yes

**Step 4)** Meet with your grade level team to complete the Team Nomination form.