



EFFECTIVE CLASSROOM SYSTEMS CLASSROOM CONTEXTS

PHYSICAL CONTEXT

- Limit fluorescent lighting
- Use student work
- Provide calming space
- Provide ample personal space
- Limit visual stimuli

SOCIAL CONTEXT

- Incorporate self regulation and zones of regulation tools in calming space
- Provide alternative seating options
- Encourage partner and group work

CULTURAL CONTEXT

- Develop sensory diets for students in need
- Allow for vestibular and proprioceptive outlets
- Establish norms

TEMPORAL CONTEXT

- Schedule proactive, consistent, and regular stretches
- Schedule movement breaks prior to teacher directed lessons

