

BECOMING A TRAUMA-SENSITIVE SCHOOL

WHAT?

The Substance Abuse and Mental Health Services Administration (SAMHSA) defines trauma as results from an event, series of events, or set of circumstances that is experienced by an individual as physically or emotionally harmful or life threatening and that has lasting adverse effects on the individual's functioning and mental, physical, social, emotional, or spiritual well-being.



Abuse



Poverty



Neglect



Discrimination



Loss/
Grief



Accident/
Illness



Natural
Disaster



Bullying

WHY?



If we put trauma sensitive supports in place, fewer students will need more intensive interventions.

Trauma sensitive supports:

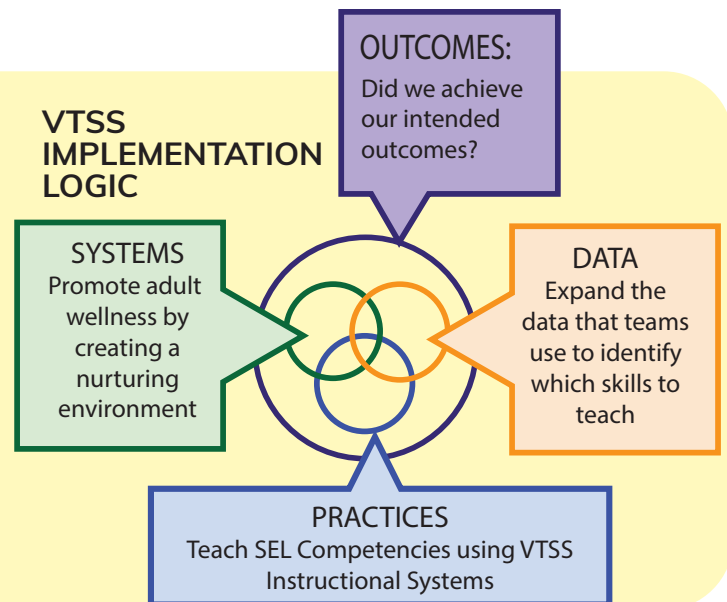
- are what is best for all students
- remove barriers
- make things equitable for all students
- have a positive impact on school functioning
- build community resilience
- establish safe and stable relationships

HOW?

We are able to reduce the impact of trauma through the implementation of trauma-sensitive supports.

Trauma-sensitive is defined as a framework in which schools acknowledge the high prevalence of traumatic exposure for students, the importance of staff well-being and strives to meet the unique needs of all learners. (Black, P., Cook, E. & Daniel, S. 2017)

We implement trauma-sensitive supports through the VTSS implementation Logic: data, practices, systems and outcomes.



VTSS IMPLEMENTATION LOGIC

SYSTEMS
Promote adult wellness by creating a nurturing environment

DATA
Expand the data that teams use to identify which skills to teach

PRACTICES
Teach SEL Competencies using VTSS Instructional Systems

OUTCOMES:
Did we achieve our intended outcomes?